

**SPRINGTON LAKE MIDDLE SCHOOL**  
**TWO-HOUR DELAY BELL SCHEDULE**  
**2022-2023 SCHOOL YEAR**

<b>Period</b>	<b>6<sup>th</sup> Grade</b>	<b>7<sup>th</sup> Grade</b>	<b>8<sup>th</sup> Grade</b>
<b>1</b>	9:55 to 10:30 <b>CORE</b>	9:55 to 10:30 <b>CORE</b>	9:55 to 10:30 <b>CORE</b>
<b>2</b>	10:33 to 11:03 <b>CORE</b>	10:33 to 11:03 <b>CORE</b>	10:33 to 11:03 <b>SPECIALS</b>
<b>3</b>	11:06 to 11:36 <b>CORE</b>	11:06 to 11:36 <b>CORE</b>	11:06 to 11:36 <b>SPECIALS</b>
<b>4</b>	11:39 to 12:11 <b>SPECIALS</b>	11:36 to 12:11 <b>LUNCH</b>	11:39 to 12:11 <b>CORE</b>
<b>5</b>	12:11 to 12:46 <b>LUNCH</b>	12:14 to 12:46 <b>CORE</b>	12:14 to 12:46 <b>CORE</b>
<b>6</b>	12:49 to 1:21 <b>SPECIALS</b>	12:49 to 1:21 <b>CORE</b>	12:46 to 1:21 <b>LUNCH</b>
<b>7</b>	1:24 to 1:54 <b>CORE</b> <b>EXTENSION</b>	1:24 to 1:54 <b>CORE</b> <b>EXTENSION</b>	1:24 to 1:54 <b>CORE</b> <b>EXTENSION</b>
<b>8</b>	1:57 to 2:27 <b>CORE</b>	1:57 to 2:27 <b>SPECIALS</b>	1:57 to 2:27 <b>CORE</b>
<b>9</b>	2:30 to 3:00 <b>CORE</b>	2:30 to 3:00 <b>SPECIALS</b>	2:30 to 3:00 <b>CORE</b>