

PENNCREST HIGH SCHOOL



MEAL PRICING:

Lunch Full Price
Milk Only

SSSO FREE
\$0.60

LUNCH Menu

September-October 2021

WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	27th Chicken Burrito Bowl Choice of: Seasoned Rice Black Beans Choice of: Juice, Chilled, Dry or Fresh Fruit	28th Chicken Nuggets w/ Dinner Roll Choice of: Steamed Vegetables Potato rounds Choice of: Juice, Chilled, Dry or Fresh Fruit	29th Chicken Tender Bar w/ Soft Pretzel Stick Choice of: Plain or Spicy Chicken Tenders Choice of: Steamed Corn Mashed Potatoes Choice of: Juice, Chilled, Dry or Fresh Fruit	30th Philly Cheesesteak Sandwich Choice of: Onions & Peppers, Oven baked Fries Choice of: Juice, Chilled, Dry or Fresh Fruit	1st Hot Pork Sandwich w/ Au Jus Choice of: Steamed Vegetables Tater Tots Choice of: Juice, Chilled, Dry or Fresh Fruit
2	4th Brunch for Lunch! Dutch Waffle OR French Toast Sticks w/ Turkey Sausage Links Choice of: Steamed Corn Tater Tots Choice of: Juice, Chilled, Dry or Fresh Fruit	5th Mac & Cheese w/ Dinner Roll Choice of: Steamed Broccoli, Stewed Tomatoes Choice of: Juice, Chilled, Dry or Fresh Fruit	6th Chicken Veggie Lo Mein Choice of: Sautéed Vegetables, Garden Salad Choice of: Juice, Chilled, Dry or Fresh Fruit	7th Bosco Cheese Stuffed Breadsticks w/ Marinara Sauce Choice of: Steamed Vegetables Garden Salad Choice of: Juice, Chilled, Dry or Fresh Fruit	8th Nacho Bar on a bed of tortilla chips w/ Ground Beef & Cheese Choice of: Salsa, Lettuce & Tomato, Black Beans Choice of: Juice, Chilled, Dry or Fresh Fruit
3	11th Ham & Cheese or Turkey & Cheese Melt Choice of: Baked Beans Potato Rounds Choice of: Juice, Chilled, Dry or Fresh Fruit	12th B.Y.O Asian Bar (Breaded Popcorn Chicken) Steamed Rice Choice of: Mixed Vegetables Baby Carrots Choice of: Korean BBQ Sauce Hunan Orange Sauce Choice of: Juice, Chilled, Dry or Fresh Fruit	13th Meatball Hoagie on a Roll Choice of: Garden Salad, Steamed Vegetables Choice of: Juice, Chilled, Dry or Fresh Fruit	14th Grilled Cheese Sandwich Choice of: Tomato Soup, Emoji Fries Choice of: Juice, Chilled, Dry or Fresh Fruit	15th No School
4	18th Pasta w/ Meat Sauce Choice of: Steamed Vegetables Garden Salad Choice of: Juice, Chilled, Dry or Fresh Fruit	19th Fiesta Rice Bowl! Breaded or Grilled Chicken over a bed of rice topped w/ Cheese Sauce Choice of: Black beans, Lettuce, Tomato, Salsa Choice of: Juice, Chilled, Dry or Fresh Fruit	20th Oven Roasted Chicken w/ Soft Pretzel Sticks Choice of: Steamed vegetables, Emoji Fries Choice of: Juice, Chilled, Dry or Fresh Fruit	21st Spicy or Plain Popcorn Chicken w/ Dinner Roll Choice of: Mashed Potatoes, Steamed Corn Choice of: Juice, Chilled, Dry or Fresh Fruit	22nd B.Y.O Burger Bar Choice of: Bacon, Sautéed Mushrooms, Lettuce, Tomatoes, Onions Choice of: French Fries, Steamed Vegetables Choice of: Juice, Chilled, Dry or Fresh Fruit

OTHER DAILY SELECTIONS:

ENTREES

- Pizza
- Hamburger
- Cheeseburger
- Crispy Chicken Sandwich
- Spicy Chicken Sandwich
- PB&J Sandwich
- Assorted Deli Sandwiches
- Assorted Fresh Salads

SNACKS

We offer a variety of a la carte snack items in our cafeteria

DRINKS

100% Tropicana Juice **\$2.00**

16.9 oz Bottled Water **\$1.25**

Izze 100% Juice: **\$1.50**

Envy 100% Juice **\$1.60**

B.Y.O- Build Your Own

****Due to nationwide supply chain issues, menu is subject to change. ****