



Rose Tree Elementary School Classroom Parties/School Activity Food Guidelines 2021-2022

As educators and parents, our desire is to support every effort to develop healthy habits among all students, as we know that healthy children are able to learn better. In supporting health and wellness among our students, the Rose Tree Media School District developed and adopted a Wellness Policy.

Wellness Policy

This policy was developed in response to a federal mandate that each school district participating in the National School Lunch Program develop a policy to address school nutrition, physical education, physical activity, foods served in school other than the National School Lunch Program, and food served at school-based activities. The federal mandate was aimed at addressing the national epidemic of childhood obesity, as well as supporting wellness and healthy lifestyles for all students. This is why all foods offered to students during the school day should promote student health and reduce childhood obesity.

Classroom Parties

Rose Tree Elementary students enjoy classroom parties to acknowledge Halloween, Winter Holidays, Valentine's Day, as well as the end of the school year. The Nutritional Standard published by the Pennsylvania Department of Education, Division of Food and Nutrition, states that classroom parties will offer minimal amounts of foods (maximum 2-3 items) that contain added sugar as the first ingredient and will provide fresh fruits and vegetables, water, 100% fruit juice, or milk. In addition, any foods offered should be moderate in sodium content, provide minimal to no trans fatty acid, contain more than 2 grams of fiber per serving, and not offer any foods with minimal nutritional value.

So as to conform to the federal mandate as well as the RTMSD's Wellness Policy, we respectfully request that the following guidelines be followed.

Classroom Party Food Guidelines

When planning a classroom party, students may be provided with a maximum of a single serving from each of the following listed categories: drink, fruit or vegetable, savory snack, and/or sweet snack. The food choices that may be provided to students are those listed on the table titled **RTES Classroom Party Food Choices** (see below). All foods on this list are free of peanuts and tree nuts. Please note that foods listed with a triangle symbol (Δ) are dairy free, black dot (●) are gluten free, and a check mark (√) are egg free.

RTES Classroom Parties/School Activity Food Choices
Recommended Vendors and/or Food Brands (November 29, 2021)

Drinks	Fruit/Vegetables	Savory Snacks	Sweet Snacks
Water ● Δ√	Clementines ● Δ√	Pretzels ♦ Rold Gold (Thins, Sticks, Rods, Tiny Twists) ♦ Bachman (Twists, Rods, Hard sourdough)	Cookies ♦ Oreos (Original) ♦ Enjoy Life Crunchy Cookies (Chocolate Chip, Double Chocolate, Sugar Crisp, Vanilla Honey Graham) ● Δ√ ♦ Enjoy Life Soft Baked Cookies (Chocolate Chip, Double Chocolate Brownie, Gingerbread Spice, Snickerdoodle) ● Δ√ ♦ MadeGood Soft Baked Mini Cookies (Apple Cinnamon, Chocolate Banana, Chocolate Chip, Double Chocolate, No Nut Butter, Red Velvet, Snickerdoodle) ● Δ√
100% fruit juice boxes or pouches ● Δ√	Grapes ● Δ√	Soft Pretzels Bernie's Pretzel Boys (Aston, PA)	Nabisco Honey Maid Graham Crackers (Honey, Cinnamon, Chocolate)
	Bananas ● Δ√	Pirate's Booty Aged White Cheddar	Nabisco Ginger Snaps
	Store cut/prepared fruit ● Δ√	Popcorn ♦ Bachman (Original, Light) ♦ Wise (Butter, Sea Salt and White Cheddar) ♦ Smartfood (White Cheddar)	Animal Crackers Barnum's (Original)
	Store cut/prepared vegetables ● Δ√	Granola Bars MadeGood Granola Bars (Apple Cinnamon, Chocolate Banana, Chocolate Chip, Mixed Berry) ● Δ√	Teddy Grahams (Honey, Chocolate, Cinnamon, Mini's)
		Nabisco Wheat Thins (Original, Whole Grain, Multigrain)	Italian Ice Luigi's Real Italian Ice (Cherry, Lemon, Lemon/Strawberry, Mango, Watermelon, Blue Raspberry)
		Goldfish (Cheddar, Parmesan, Pretzel, Whole Grain)	Frozen Fruit Bars Dole (Strawberry, Grape, and Raspberry)

			Juice Bars <ul style="list-style-type: none">◆ Minute Maid Juice Bars 12 pack (Cherry, Grape, Orange)◆ Breyers Pure Fruit Bars 12 pack (Strawberry, Orange, Raspberry)
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All Foods Listed are Free of Peanuts and Tree Nuts

- Gluten Free
- Δ Dairy Free
- √ Egg Free