



## How Do I Contact the SAP Team?

To find out more information please contact your student's

school counselor at **610-627-6200** or Mrs. Coppedge, SAP Coordinator, at **610-627-6216**.

## Team Members

Mr. Joseph Fuhr

Mr. David Stango

Mrs. Rochelle Eaton

Mrs. Lori Rice-Spring

Mr. Joshua Mattson

Mrs. Alisa Herman-Liu

Ms. Sandra Carter

Mrs. Lisa Lobitz

Mrs. Kelley Coppedge, SAP Coordinator, 610-627-6216

Ms. Bernadette Dacanay

## ***SAP is Confidential***

The privacy rights of our parents and our students are respected and adhered to throughout the SAP process.



Penncrest High School

*Are You Worried About Your Child?*

**The Student Assistance Program (SAP)  
can help.**

## What Is SAP?

SAP is a school-based program that aims to identify issues that pose as barriers to a student's learning and school success and to connect students with supportive services and/or outside resources.

### Barriers to School Success

- Attendance
- Academics
- Health
- Behavior
- Policy Violation

### Some Concerning Behaviors

- Dramatic decline in academics and/or attendance
- Substance use including alcohol or nicotine or reference to use
- Isolation
- Recent death of a loved one
- Recent divorce/family relocation/other traumatic event
- Changing friends
- Change in behaviors (sleeping, eating, mood)

## How Does My Child Become Involved in the SAP Program?

**Referral:** Anyone: parents, a friend or family member, teachers, counselors, administrators and other school personnel can refer a child to SAP when they are concerned about a student's behavior.

**Team Planning:** The SAP team, which is a Commonwealth of Pennsylvania-trained group of school professionals, gathers objective information about the student's performance in school from all school personnel who have contact with the student. Information is also collected from the parent.

**Intervention and Recommendations:** A SAP team member meets with the parent and student, together a plan of support is determined. This may include an assessment, free of charge, by a consultant from Holcomb Behavioral Health. This person can connect the student and family to out-of-school resources.

### **Students may be offered the following services:**

In-school support, including psycho-educational groups such as: coping skills, grief, Living with a Purpose and decision-making. Community resources

**Support and Follow up:** The SAP team continues to work with and support the student and family. Follow up includes monitoring and motivating for success.

### **What If Someone Has Referred My Child to SAP?**

The SAP team will contact you. Before a SAP team member talks to your child, you will be asked to sign a permission form. Your knowledge and thoughts about your child will be helpful in developing a plan of action. If you need more information before making a decision about SAP, please feel free to talk to a SAP team member.